

# RESET YOU

## PACKAGES



Treat yourself with one of our Reset YOU Packages. These packages include popular services such as personal training, nutritional counseling and massage therapy. Choose one of the three options below:

\*Cannot be combined with any other offers. No limit to the number of packages that can be purchased. See center for details.

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15430 West Avenue, Orland Park, IL 60462 | ophfc.com

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### REVIVE PACKAGE

30-minute personal training and 30-minute nutritional counseling sessions

Member: \$83  
 Resident: \$88  
 Non-Resident: \$98

### RENEW PACKAGE

60-minute personal training and 60-minute nutritional counseling sessions

Member: \$115  
 Resident: \$120  
 Non-Resident: \$130

### REFRESH PACKAGE

30-minute personal training, 60-minute nutritional counseling and 60-minute massage sessions

Member: \$160  
 Resident: \$165  
 Non-Resident: \$175



**ORLAND PARK**  
 HEALTH & FITNESS CENTER

