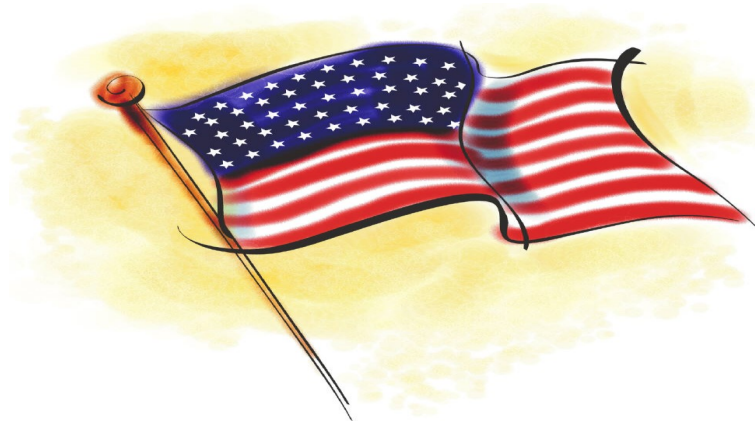


# Memorial Day Group Exercise Schedule

<b>8:00 - 8:50 am</b>	<b>*Cycle</b>	<b>Annette</b>
<b>9:00 - 9:50</b>	<b>Body Blast (Gym)</b>	<b>Erika</b>
<b>9:00 - 9:45</b>	<b>Aqua Aerobics</b>	<b>Maria</b>
<b>10:15 -11:00</b>	<b>Senior Aqua</b>	<b>Erika</b>

***\*Pre-registration required on or the day before  
through app or front desk***



**ORLAND PARK**

HEALTH & FITNESS CENTER